Our young adults used to live here

LIFE AND WORK PROJECT
FOR YOUNG MENTAL DISABLED ADULTS IN CAMBODIA

BECOME A PARTNER OF ACTION CAMBODGE HANDICAP

First working experience: packaging

Our own products are on the market
ACTION CAMBODGE HANDICAP

ACH wants to be the proof that life can be rich when shared with mentally disabled people in Cambodia;
That's why ACH created a community where living together and working bring an answer to the adults: being welcomed, loved, respected to build their future.

• **Action Cambodge Handicap (A.C.H.)** is a French NGO of law 1901 created in July 2011.
  It was recognized as a Cambodian NGO in 2012.

• **Its purpose** is to create accommodation and working structures for mentally disabled adults in Cambodia.

• **The founders of A.C.H** were first urged by the NGO « Pour un Sourire d’Enfant » ([www.pse.asso.fr](http://www.pse.asso.fr)) which gives education to 6000 kids from the poorest areas of Phnom Penh. Some of them have mental illnesses and are soon to be adults.

• After 2 study trips in 2010 and 2011, A.C.H. named two of its members, Pierre Chetcuti, Director of medico-social institutions and Marie-Françoise Chetcuti, educator, to create places especially designed for this people.

• Their mission in Phnom Penh began in January 2012.
Pierre started his career as a merchant marine office; he joined the Arche of Jean Vanier when he was 21. That's where he met Marie-Françoise, where she was also working. L’Arche is a communities federation where “ordinary” people and mentally disabled people are sharing work and daily life.

Pierre has an education specialist diploma and also one of directing medico-social structures. He ran workshops for the Arche and has been managing medico-social structures for 25 years. He was the instigator of many innovative solutions in handicap (took over a LLC and turned it into an adapted company, he also allowed disabled people to be integrated into 'ordinary' companies, created home-service etc.)

Marie-Françoise was managing foyers in the Arche and also ran a company specially adapted for disabled; then she have been auxiliary in an institution designed for mentally ill adults. In Phnom Penh, she created a special foyer for poly-handicapped kids in the NGO « Pour un Sourire d’Enfant ».

Pierre and Marie-Françoise were asked in 2011 to create the first foyers for mentally disabled adults in Cambodia.

Together they created the NGO “Action Cambodge Handicapé, supported and financed by a team of volunteers in France and in Singapore.

They started a foyer and workshops for adults with mental illnesses in Phnom Pehn. These workshops are made of a jam, biscuits and syrups. All these products are on the market under the brand of « L’Irresistible ». 
SITUATION OF MENTALLY DISABLED ADULTS IN CAMBODIA

After a 30 years-lasting civil war, Cambodia has slowly been rebuilding itself for the last 10 years.

- Plenty of NGOs are supporting the country in terms of education and care of handicapped or school-failure kids.

- When kids with mental illness are adults, almost no structure is in mean of taking care of them.

- Before 1970, adults with mental disabilities used to survive in villages or with their relatives.

- In this post-crisis and development context, the “struggle to pull through” harshly excludes these persons from the social entity.

- Testimonies are in A.C.H video and are the painful illustration of the situation: http://www.youtube.com/watch?v=8EzH25JNEcM
A COMMUNITY LIFE

In November 2012, A.C.H first accommodation foyer was born.

- 15 adults and 4 assistants are sharing a **community life** in a popular area of Phnom Penh.
- It's a real **family life** where every one is participating according to his or her own means.
- Physical activities are happening several times a week in partnership with structures such as: Skatistan (Skateboard) and Kampuchea Balopp (Rugby).
- Everyone gets the **human and social support** he or her needs.

*Phutong, the 1st adult welcomed*  
*Opening of the foyer with the families and first bicycles*
WORK PROJECTS

• **Professional integration** of the adults in local companies such as: Social Green Fuel Entreprise (charcoal production from coconuts), Indigo (Psychological support center), Savaroan Hotel, Restaurant Niam.

• **In 2012, creation of the adapter workshop « L’Irrésistible»** where our jams and syrups are being made.

  [https://www.youtube.com/watch?v=DjSuzdlwMEI](https://www.youtube.com/watch?v=DjSuzdlwMEI)

*The goals* are to promote handicapped people's dignity through work, settle adapted structures that could be a model in Cambodia and allow our NGO to reach self-sufficiency.

_Cutting the fruits_  

_*Our jam factory*_
THE BENEFICIARIES...

Everyone welcomed in A.C.H are all coming from a deep misery.

Only 4 over the 15 here are still in touch with their family. Though these relationships have to be monitored by our team as psychological violence is always present. 3 adults are still having huge pressures from their family, because they all want the small amount of money that the young are earning. That's why we created a saving system where 50% of the earnings are put on a saving account and the reversion of this money is discussed on a case by case basis.

3 adults have autism. The work is made from experience, with support from a psychologist, allowed to reduce behavior disorders a lot. One year after their arrival, they are no longer taking medicines. A specific training to communicate with these people was necessary.

2 adults have Down's syndrom.

The 10 others are suffering from moderate to severe mental retardation.

Each of them has a special job in the jam factory or in our partners' companies. Sovanarah is a park attendant, Sokkouch is a handler, Chamroen works in a hotel and then, Noun works in a restaurant.

Each adult has a special task to carry on to keep the foyer clean and near. Meals are prepared by a member of the team, helped once in a while by one of our adults.
TRAINING OF THE LOCAL TEAM

The project is living thanks to a team of 4 Khmer and 2 French volunteers, helped by a psychologist.

Sephan, has a diploma from PSE Business School and is running ACH
Chear, takes care of the Foyer
Sonnary takes care of the jam factory
Borey drives the « tuk tuk » and also takes care of the house

They have been animating the Foyer since 2014, supported by 2 French volunteers.

Pierre is following up from France and comes to check it all twice a year.
The team had a training about handicap, given by professionals commissioned by A.C.H. A weekly meeting takes place with Maud Montméat, clinical psychologist, hired on a long-term basis, allows our team to be more professional and the formation to be more complete.

Dr. Sebban, referring practitioner, is coming on demand and gives, on a case by case basis, trainings and advice on specific subjects.
NETWORKING TO MEET THE GOALS

A.C.H. and « L’Irresistible » are now part of the daily life of Phnom Penh.

- We are known in the city for the quality our support and are highly requested.
- **We work in partnership with the main Cambodian NGOs:** P.S.E., Friends, Hagar, Goutte d’Eau, as far as welcoming and advising in supporting disabled people are concerned.
- We also benefit of other NGOs for physical activities: Skatistan for skateboard, Kampuchea Balopp for rugby and Lavalla School for swimming pool.
- Our products are sold in most shops of the capital and also start being present on some restaurants.

**Our challenges:**

- Build our own foyer on a field given to us by the NGO « Pour un Sourire d’Enfant »
- Develop our market presence in Siem Reap and Sihanoukville, which are very touristic places in Cambodia.
- Become self-sufficient
## ESTIMATED BUDGET

<table>
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<tr>
<th>Expenses</th>
<th>Amount</th>
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<tbody>
<tr>
<td>Rent</td>
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<tr>
<td>Food (2€/day/person)</td>
<td>14 600,00</td>
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<tr>
<td>Fruits + sugar for jams</td>
<td>7 200,00</td>
</tr>
<tr>
<td>Electricity foyer + jam factory</td>
<td>900,00</td>
</tr>
<tr>
<td>Water foyer + jam factory</td>
<td>180,00</td>
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<tr>
<td>Gaz foyer + jam factory</td>
<td>720,00</td>
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<tr>
<td>Fuel</td>
<td>960,00</td>
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<tr>
<td>Daily life material</td>
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<tr>
<td>Hygiene products</td>
<td>480,00</td>
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<tr>
<td>Motos repairing</td>
<td>840,00</td>
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<tr>
<td>Maintenance Foyer</td>
<td>600,00</td>
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<tr>
<td>Trips and leisures</td>
<td>1 800,00</td>
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<tr>
<td>Holidays</td>
<td>1 000,00</td>
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<tr>
<td>Staff salaries</td>
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<td>Disabled adults salaries</td>
<td>3 840,00</td>
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<table>
<thead>
<tr>
<th>Revenues</th>
<th>Amount</th>
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<tbody>
<tr>
<td>From the jams</td>
<td>24 000,00</td>
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<tr>
<td>Salaries of young adults</td>
<td>3 000,00</td>
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**Our needs**

<table>
<thead>
<tr>
<th>Totals</th>
<th>25 920,00</th>
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</thead>
<tbody>
<tr>
<td>Totals</td>
<td>52 920,00</td>
</tr>
</tbody>
</table>

**Totals**

| Totals                        | 52 920,00|
BECOME ONE OF A.C.H'S PARTNERS

Beyond our charitable approach, our action aims at making sure this project can be self-sustainable and a model in Cambodia

The way you can participate is up to you:

• Give your skills in a specific area: communication, crowd-funding, bringing material to Cambodia, technical advice etc.

• Help once in a while through a **donation or a subvention**.

• Help on the long-run through regular donations aimed at financing the daily life under the form of **sponsorship**.

• If you have a company or a shop: you can tell your customers that a small amount of your sales (like 0.5% for example) is regularly donated to A.C.H.

  *Then we will give you the necessary documents to communicate.*

  *The name and logo of your company will also feature on our website in the page “Partners”. For any other special request, please get in touch with us.*
SPONSORSHIP FORM

SPONSORSHIP FORM and/or SUPPORT to
ACTION CAMBODGE HANDICAP
(to send back to: A.C.H ; 394 Chemin Soussoumier, 84800 Isle sur la Sorgue)

Name: ..........................................................................
First name: .................................................................
Address: .................................................................................................................................
...........................................................................................................................................................
Post code: .............. City : .................................................................
Phone : ................................................................. Email : ................................................................................................................

◉ I want to subscribe to the NGO Action Cambodge Handicap and thus make a contribution of:
..................................................................................................................................................

◉ I want to sponsor a kid for an amount of 30 €/month

◉ I want to sponsor a kid for another amount: __ __ __ €/month

A standing order will be sent to you, to be sent back to your bank to proceed to the monthly donation.
Check to be send to: A.C.H, 394 chemin Soussoumier, 84800 Isle sur la Sorgue. (Written to d’A.C.H).

I WILL ALSO RECEIVE A.C.H’S NEWSLETTER BY EMAIL.

According to the law n° 78-17 of January 6th 1978, you have access to the personal data on our files to modify them. For this, you just have to write to
Pour un Sourire d’Enfant 49, rue Lamartine, 78000 Versailles. The information you will give us are only on the purpose of making the donation process easier. They will never be given to third parties.
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012 214 570 092 906 097

Email: contact@action-cambodge-handicap.org
Website: www.action-cambodge-handicap.org
Youtube: http://www.youtube.com/watch?v=8EzH25JNEcM

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